



Brief Health Screen

We ask all our adult patients about substance use and omod because these factors can affect your health. Please ask your doctor if you have any questions. Your answers on this form will remain confidential.

Name: _____

DOB: _____

Date: _____

One Drink =



12 oz.
Beer



5 oz.
wine



1.5 oz. liquor
(one shot)

AUDIT-C

How often do you have a drink containing alcohol?

- Never
 Monthly or less
 2-4 times a month
 2-3 times a week
 4 or more times a week

How many standard drinks containing alcohol do you have on a typical day?

- 0
 1 or 2
 3 or 4
 5 or 6
 7 to 9
 10 or more

How often do you have 6 or more drinks on one occasion?

- Never
 Less than monthly
 Monthly
 Weekly
 Daily or Almost Daily

DAST

Drugs: Recreational drugs include methamphetamines (speed, crystal) cannabis (marajuana, pot), inhalants (paint thinner, aerosol, glue), tranquilizers (Valium), barbiturates, cocaine, ecstasy, hallucinogens (LSD, mushrooms), or narcotics (heroin).

How many times in the past year have you used a recreational drug or used a prescription medication for non-medical reasons?

- None
 1 or More

PHQ-2/PHQ-9	Not at all	Several days	More than half the days	Nearly every day
Over the last 2 weeks, how often have you been bothered by any of the following problems?				
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself - or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fidgety or restless that you have been moving around a lot more than usual.	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3
Total Score: _____				